



Book a free collection today

Funds raised from donated items like your unwanted sofa, TV or fridge can help find the cures, treatments and preventative measures needed to beat heart and circulatory diseases.

We need good quality:

- Sofas, suites and chairs
- Beds and bedroom furniture
- Dining tables and chairs
- Coffee tables and side tables
- Homewares (pictures, mirrors etc)
- Office furniture
- Televisions, DVD players, radios and Hi-Fis
- Fridges, washing machines, microwaves and other appliances
- Also clothes, books, CDs, DVDs, shoes and accessories

There are some items we can't take for safety or quality reasons.

Book a free collection

Call your local Ipswich Home Store

01473 849890

bhf.org.uk/collection

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Don't forget to add Gift Aid to boost the value of your donation by 25%



Volunteering changes lives

You'll build valuable new skills, gain experience and meet fantastic people being part of a friendly team, all whilst supporting your community. Every time you lend a hand, you'll also be helping us to raise money to power life saving research.

**Pop into your local Ipswich Home Store
or visit BHF online to find out
more about the roles available.**

bhf.org.uk/volunteer